

Section 6 – Medical Procedures

AT THE TIME OF CAMP REGISTRATION:

1. The Athletic Trainers will check to make sure all medical forms are complete and that a copy of each camper's physical is on file. All physicals must be signed by a physician and include up-to-date immunization records (see attached for required immunizations). **Athletic Trainers will also check health forms for any communicable diseases at this time.**
2. Physical Examinations or Immunization Exceptions:
 - Religious Exception – must have written confirmation on file
 - Immunization Contraindicated – must have physicians reasoning and signature on file
3. Report all medications on the "Permission to Administer Medication Form" (see Camp Health Forms).
4. Record all injuries/taping requirements in the "Registration Log" (see Camp Health Forms).
5. All forms will be kept on file with our staff of certified athletic trainers and health supervisor/consultant.
6. Upon request, Camp Medical Policies and Procedures will be given to parents at registration.

430.159 (A); 430.160: MEDICATIONS:

SUPERVISION AND RECORDING OF MEDICATION

1. Campers will be responsible for requesting their medication at the prescribed time. If the camper does not remember to do this, the certified athletic trainer can inform the camper of this. The camper may take her medication at that time according to the appropriate dosage.
2. Our health supervisors, Ashley Consolini/Lauren Bracken will handle the storage (refrigerator in room) and dispensing of medication. The procedures meet with all requirements of 430.159; 430.160. A parental permission slip for dispensing of medication is attached.
2. Each time the camper takes a dose of medication, it must be recorded in the medications log.
3. Student athletic trainers will not be allowed to handle medications.
4. Over the counter medication (Advil, aspirin, etc.) MAY NOT be dispensed to any camper at any time.

INJURY & ILLNESS EVALUATIONS:

EVALUATION AND RECORDING OF INJURIES/ILLNESSES:

1. The certified athletic trainer and/or student athletic trainer will evaluate all injuries and illnesses.
2. For each injury/illness, a "SOAP" note will be completed and filed. The athletic trainers keep a daily log of injuries, illnesses, accidents, incidents that require their attention, and treatment given to any/all campers and/or coaches. Logs will remain in the possession of certified athletic trainers at all time.
3. The certified athletic trainer will make a recommendation, based on evaluation, for treatment. This may include emergency first aid care, referral to a physician or hospitable, or standard first aid treatment.

4. The certified athletic trainer will make a recommendation regarding the participation of that camper in future sessions.
5. The certified athletic trainer will inform parents/guardians if the camper needs further medical attention after the evaluation. If the camper has not been able to participate in several camp sessions due to injury or illness, the parents /guardians will be contacted and advised of the situation.
6. Should an outbreak of a reportable disease occur, Elite Field Hockey Camp will report appropriately to the proper authorities both local and state.

TREATMENT OF INJURIES

TREATMENT:

1. Do not use ant modalities on campers with the exception of ice or heat as you deem appropriate.
2. Clear procedures for organization of treatments times will be announced in the first camp meeting.
3. Each treatment must be recorded in the treatment log. (see appendix)
4. Clean-up of blood spills: ATC abides by Occupational Safety & Health Association (OSHA) regulations.

LOCATION & CONTENTS OF FIRST AID KIT:

1. First aid kits are at each training station, located at each field.
2. First aid kits include: tape, biohazard supplies, airway mask, band-aids, gauze, splints, etc.

EMERGENCY SITUATIONS:

The following policy and procedures should be implemented for those injuries that could be life threatening in nature. The Certified Staff Member or Student Athletic Trainer who is at the scene is in charge until a more qualified person arrives. If there is not an athletic trainer present, the Head Coach or counselor is in charge.

ON CAMPUS EMERGENCY

1. Upon arriving to the injured/sick camper, check ABC's (airway, breathing and circulation), and bleeding. Treat for shock & activate the EMS. If you are not certified in CPR/First Aid do not attempt to treat the athlete but do activate the EMS. Do not move the athlete unless there is a life-threatening situation present.
2. Activate EMS by sending a student athletic trainer, coach, or staff member to contact Campus Police either by using the RED EMERGENCY PHONE or by calling x3131 from a campus phone:
 - Provide them with your name & position in camp
 - Tell them your location
 - Tell them what happened
 - Briefly describe the nature of the injury
 - Let them know how many people have been injured
 - Tell them what aid has been provided
 - Do not hang up until they do
 - Wait for an ambulance to arrive. Have a member of your team at the entrance of the facility to direct the EMT's to the location of the injured camper
 - Stay with the camper

- If CPR or First Aid Certified, provide any necessary CPR, Rescue Breathing as it pertains to the athlete's injury until qualified personnel arrive to take over.
- Continue to monitor and record the athlete's vital signs until Campus police or the ambulance arrives, and the athlete is transported.
- Complete appropriate paperwork (injury report) making sure all pertinent information and eye witness accounts are included.
- Contact the certified athletic trainer, athletic director, and the athlete's parents/ guardians in regard to athlete's injury and status.