

















# Umpire Information Package

November 24 – November 26, 2023







# **Umpire Education & Rules Review ZOOM**

**MANDATORY** 

Rules Review session conducted by Umpire Manager Gus Soteriades and Pam Hixon. A Monday November 13th @ 8:00pm. The ZOOM link will be emailed!

Check - IN

**MANDATORY** 

All Umpires must check- in at the umpire tent, 45 minutes before your first game at the designated facility.

# The Schedule with ZEBRAWEB

**MANDATORY** 

You will receive a email "Welcome Letter" from ZebraWeb
Please be sure to check that your email & cell phone information is correct

# **Paperwork**

**MANDATORY** 

Umpires will be required to complete:

W9, ACH, ICA, Background Screening & Abuse Prevention Training We will contact you if updated information or training is required

# **Uniform**

Shooting Star will provide an Under Armour Hi-Vis short sleeve UMPIRE t-shirt that must be worn for all games. You can wear your own cold gear, long sleeve apparel under. Feel free to bring the HI-VIS Yellow past shirts.

# **Umpire Parking**

Please PRINT and use the attached parking sign to get you into the Reserved Parking area that is available to you at both sites. . It **MUST** be displayed on your dashboard.

# **Umpire Hospitality**

DAILY!

There is a designated hospitality area for the umpires

Breakfast Friday to Sunday, 7:30-10am & lunch Friday to Sunday, 11:30-1:30pm & dinner Friday and Saturday 5-7pm

There will be drinks and snacks available throughout the day

We do our best to meet dietary needs. We strongly encourage you to bring any specific foods and we are happy to store them for you.





# Central Horn: 11 vs 11 Games

Shooting Star Staff will be running a central horn for Start/Stop of games and half times. Please adhere to this for the start/stop of games and half-times

At 58:00 of each hour, ALL players must line <u>up facing video camera</u> for Video Line-up - please assist the teams to make that happen.

# **Central Horn: 7 vs 7 Games**

Shooting Star Staff will be running a central horn for **Start** Please adhere to this for the START of all 7 vs 7 games No Video Line-up is required for 7 vs 7 games

Field 16A Umpires will be responsible for the game timing after the central horn starts the game

Format: 10/2/10, 4 minute half-time, 10/2/10

# **Tournament Structure**

Guaranteed Team: 5 games

11v11

54 minute games (2 x 25 min halves)

• 4 minute half time

7v7

48 minute games (4 x 10 min quarters)

• 2 min quarter break, 4 min half

HOME team will wear LIGHT shirt and socks.

Assigned bench is to right facing the field.

AWAY team will wear DARK shirt and socks.

Assigned bench is to left facing the field.

#### **Roster Sizes:**

11v11: U14/U16/U19 Age Divisions = 18 maximum players + 2 coaches
7v7 U14/U12 Age Divisions = 12 maximum players + 2 coaches
11 vs 11 Players must line up for video lineup @ the 58 minute mark of each hour





# **Scorecards & Results**

CRITICAL

At the conclusion of every game the field marshal will have the coaches from both teams and the officials **SIGN** to confirm the scorecard This will be the official result for that match Make sure that you check that the score is correct prior to confirming Ensure that your name is printed on the score card, this allows us to double check your game fees!

# **Travel Information**

The Fields:

River City Sportsplex 13030 Genito Rd Midlothian, VA 23112

Mary Stratton Park 5201 Ridgedale Pkwy Richmond, VA 23234 **Headquarters Hotel:** 

Double Tree by Hilton 1021 Koger Center Blvd Richmond, VA 23235

■ Event Staff & Umpire

# **Tourney Machine App**

The schedule, team rosters and all results will be posted on Tourney Machine Go to the APP Store, download Tourney Machine and Search for Shooting Star

# **Policies, Rules & Regulations**

Please refer to the Policies, Rules & Regulations for details

# **Code of Conduct**

Please refer to the Code of Conduct for details





# **TOURNAMENT INFORMATION**

# Policies, Rules & Regulations

Please refer to the Policies, Rules and Regulations for details

# The Shooting Star Staff

#### Pam Hixon

President & Founder of Field Hockey, 3Step Sports

# **Umpire Coordinator**

pam@threestep.com

413. 256. 4258

#### Sam Carlino

Director of Event Operations, Field Hockey, 3Step Sports

Club Coach Contact, Team Registration, Rosters, & Special Events

sam.carlino@threestep.com

484.678.8340

# **Social Media**



@ShootingStarFH





**College Connection** 





# **TOURNAMENT INFORMATION**

# **The Shooting Star Staff**

# **Umpire Contacts:**

#### **Pam Hixon**

President & Founder of Field Hockey, 3Step Sports

# **Umpire Coordinator**

Pam.hixon@threestep.com

413, 256, 4258

#### **Gus Soteriades**

Lead Umpire Manager gus@soteriades.com

614.352.6742

# **Lynn Carrino**

Umpire Manager
<a href="mailto:lmcarrino@yahoo.com">lmcarrino@yahoo.com</a>
919.260.1901

# **Mary Brainard**

Umpire Manager <a href="marydbrainard@gmail.com">marydbrainard@gmail.com</a> 859.433.1354

# **Ridge Bair**

Umpire Manager rbair14@me.com 757.469.5568

## **Sally Edinger**

Umpire Manager and New Umpire Clinician <a href="mailto:sallyedinger@icloud.com">sallyedinger@icloud.com</a>
570.236.8140

# **Gena Piper**

Umpire Manager nc5piper@gmail.com 336.287.4020

#### Jerri Lucas

Umpire Manager <a href="mailto:jlucasml@reagan.com">jlucasml@reagan.com</a> 815.243.0076

# Sandie Inglis

Umpire Mentor singlisma@yahoo.com

# Rules & Regulations





Rules Governing Games: FIH RULES AND REGULATIONS that are in effect for play will apply.

#### **Shooting Star Rules Modifications:**

- 1) Field players of the same team have the choice of shorts or kilt/skirt if the shorts/kilt/skirt are of the same color and similar design/trim and
- 2) Game Timing: General time structure below. Please see specific Tournament Timing.
  - Halves: 2 x 25 minutes running time, half-time will be 4 minutes.
  - Quarters: 4 x 10-minute quarters, 2 minute between 1st/2nd and 3rd/4th, half-time will be 4 minutes
- 3) Goalkeeper RECOMMENDED Throat Protector and Mouth Guard
- 4) Field Player REQUIRED Shin Guards and Mouth Guard
- 5) Cage Goggle Permitted. All other face protection for extenuating circumstances must be cleared with Tournament Director.

#### General Rules: 11v11 Format

Central Horn & Umpire whistle used as master tournament timer.

Video Line up is required 2 minutes before the start time of games.

#### General Rules: 7v7 Format

6 field players & 1 goalie at all times, no extra field player for the GK is allowed

Teams are permitted to wear reversible pinnies, #'s are encouraged but not mandated

Corners Played: Corners defended with 4 field players + the goalie.

#### **Roster Size:**

11 vs 11 Max of 18 players/2 coaches

7 vs 7 Max of 12 players/2 coaches

\*\* coaches may rotate who is on the bench area but a max of 2 at a time \*\*

#### Rules Governing Team/Player Eligibility: \*\*AGE AS OF JANUARY 1, 2023 @ 12:01am

Only registered players for the SHOOTING STAR field hockey tournament and who agree to the following, may participate in tournament games:

- Players may play "up" in age division but may NOT play "down."
- No player may compete for, or be on a roster for, more than one team during the tournament.
  - o Exception: Goalkeepers are allowed to double roster. Must be pre-communicated prior to game time in writing to director

Any team with a player in violation of these rules will forfeit the game that this player is known to have competed in without expressed written consent from the Shooting Star Staff.

#### Team Color, Bench and Substitutions:

Team listed as the HOME team will wear LIGHT shirt and socks and will sit at the bench and defend the goal to the RIGHT of their bench as per facing the field.

Team listed as the AWAY team will wear DARK shirt and socks and will sit at the bench and defend the goal to the LEFT of their bench as per facing the field.

Up to two coaches per team are allowed in the team's area.

No equipment or unauthorized persons may be in the team area.

All players who are not on the pitch are substitutes on the team's bench. Substitutions on and off the pitch must be made from the side of the pitch where the team benches are located within 3 meters of the center of the pitch.

Suspended coaches are strictly prohibited from being in the team areas and cannot participate in any kind of coaching activities until their suspension has been served.

#### Release and Waiver of Liability

Waivers were done automatically during registration or through team invitations on PlayerFirst.

#### **Rules Governing Scoring and Point System:**

Points awarded: 3 = Win 1= Tie 0 = Loss \*\* Any game forfeited during the tournament results in a 0-3 loss Tie breaker criteria for placing if necessary:

- Total Points
- Head-to-head
- Goal differential = Goals for Goals Allowed:

No more than an 8 goals difference will count towards differential Example: 12 – 0 actual score would mean goal difference = max 8 goals

- Goals Allowed
- If still tied whichever team has a higher goal differential versus the next highest ranked team will win tie breaker.
- Continue above procedure sequentially until a no more teams are available to compare within the Pool.
- If still tied CO-Champions





#### Scoring & Score Reporting

Each field will be assigned a Field Marshal. They will record the final score and record any issued cards on a scorecard

At the end of each game both umpires and team coaches will sign final score and any issued cards

Any challenges must be made immediately following the game with the Umpires, opposing Coach and Field Marshal at that field.

Once the scorecard is confirmed and signed by all parties, the score is considered final.

#### **Forfeits**

If a game is forfeited, the opposing team earns a 3-0 win.

A team will forfeit a game under the following circumstances:

A team does not show up for a match

A team declares forfeit

A team arrives more than 5 minutes after the start of the match time

A team does not have proper uniform qualifications and refuses/is unprepared to change

A team has less than 9 players dressed in proper uniform after 5 minutes grace period (11v11)

A team has less than 4 players dressed in proper uniform after 5 minutes grace period (7v7)

An ineligible player participates in the game

A suspended coach does not leave the game area within 1 minute of being suspended

A suspended coach does not report to the tournament table within 5 minutes after the game and does not stop all team contact during the remainder of the game in which the suspension occurred

A team refuses to play or removes their team from the field of play for any reason

#### **Appeals Procedure for Score Reporting Protests**

Teams are granted one challenge per tournament for the sole purpose of requesting a review of a posted score.

If the score is posted wrongly, the results will be updated correctly and the team keeps their one challenge to be used later in the tournament, if needed.

If the score posted reflects the score on the official scorecard that the team is challenging, and that score is confirmed, the team will lose its challenge and is not able to challenge results for the remainder of the tournament

Both teams will be consulted prior to any updates or changes

For challenge questions or concerns, contact Ainslee Lamb at ainslee@threestep.com

#### **Rules Governing Misconduct:**

#### Removal from the Game, Site or Tournament

Any disrespectful behavior toward umpire or other tournament personnel, will result in expulsion for the remainder of the tournament.

Spectators will need to show respect to all Umpires, Players, Coaches & Staff. Bad behavior will not be tolerated.

Should umpires, umpire managers, or tournament directors deem that a spectator, player, or coach needs to be removed from the tournament site(s), it will be the responsibility of the COACH from the offender's team to remove the offender from the site.

Delayed departure from the game, site or tournament will result in a game forfeit for the team that the spectator, player or coach is

affiliated with

#### **Game Cards**

Green and Yellow cards will be administered per the Rules of Hockey with no modification.

Coaches/team personnel can earn a Green or Red Card, the team will not play short for cards given the coaches/team personnel.

#### Player Green or Yellow Card

- Suspended layers must report to the technical bench and sit for the suspension duration and the team plays short for the duration of the card
- If no technical person is available to monitor the suspension, the team coach is responsible for the player serving the full suspension.

  Allocated time will be communicated by the field umpires

#### **Player Red Card**

Suspended player sits on their designated bench for the remainder of the match and the team must play short
Suspended player is also suspended from the team's next game in that division, the team does not play short in that subsequent game
If the player receives 2 red cards during the tournament, they are suspended from all play for the remainder of the tournament





#### Coach Red Card

Coach must leave the playing area within 1 minute of receiving the red card and cannot have any contact with the team for the remainder of the match. A replacement coach is allowed.

The team does not play short for a coach suspension

The coach is suspended from the team's next game in that division

If the coach is on staff for multiple teams, the suspension is specific to the team that the coach received the suspension with If the coach receives 2 red cards during the tournament, they are suspended from all play for the remainder of the tournament

#### **Red Card Administrative Procedures**

Suspended players and coaches must report to the tournament table within 5 minutes of the end of the game in which they were suspended and return their player or coach wristband

If applicable, a replacement coach can receive a temporary wristband for the team's next game

Suspended players and coaches can return to the tournament table after the team has completed its next game to receive a new tournament wristband.

Umpires will notify the Umpire Managers of any issued red cards immediately after the game in which they were given and all cards are recorded on the official scorecard

#### **Appeals Procedure for Misconduct Protests**

Players and Coaches have an opportunity to challenge red cards only. Any appeal must be received in writing 10 days after the completion of the tournament, submitted to the 3Step Sports, LLC: Ainslee Lamb and Sam Carlino at <a href="mailto:ainslee.lamb@threestep.com">ainslee.lamb@threestep.com</a> and <a href="mailto:sam.carlino@threestep.com">sam.carlino@threestep.com</a>

All cards issued during the tournament will be reviewed by the Review Committee after 10 days The Review committee will be comprised of 3Step Sports staff and a Shooting Star Umpire Manager Players and coaches can be exonerated from the issued red cards after review

Players and coaches can be administered further suspensions based on review including suspension of attending future 3Step Sports field hockey events

#### **Refund Policy**

Specific refund Policies for each event are posted on the website.

No refunds will be issued if the tournament is shortened in part for any reason, including inclement weather or any other "Act of God."

No refund for any team that is removed from the tournament by the tournament director for using illegal players or behavior that requires the team to be removed from the tournament.

Shooting Star or its staff will not be responsible for any expenses incurred by any team, club or organization if the tournament is canceled in whole or in part.

#### **Weather Policy**

In the event of adverse weather or unplayable field conditions, the tournament director reserves the right to:

- Reduce game times in order to catch up with schedule.
- Finish games before inclement weather arrives, or to preserve field conditions. Reschedule games, if possible.
- Every attempt will be made to update cancellations on the website. However, weather conditions can change rapidly
  and all teams should be prepared to play as soon as weather and fields are playable. Updates will be announced on
  twitter @shootingstarfh
- No refunds will be granted if these actions are necessary.

#### Thunder/Lightning Policy

If thunder or lightning is observed play will be suspended immediately and players and fans will be asked to leave the fields to return to cars & seek shelter. Play will be allowed to resume 30 minutes after the last sound of thunder or sighting of lightning is observed which the tournament medical staff will determine. Every attempt will be made to begin subsequent games on time. For up to date schedule changes please check twitter @shootingstarfh.





#### **Transgender Athletes Policy**

\*\* Shooting Star will adopt and implement the NCAA Policies The following policies clarify participation of transgender student-athletes undergoing hormonal treatment for gender transition:

- 1. A trans male (FTM) student-athlete who has received a medical exception for treatment with testosterone for diagnosed Gender Identity Disorder or gender dysphoria and/or Transsexualism, for purposes of NCAA competition may compete on amen's team, but is no longer eligible to compete on a women's team without changing that team status to a mixed team.
- 2. A trans female (MTF) student-athlete being treated with testosterone suppression medication for Gender Identity Disorder or gender dysphoria and/or Transsexualism, for the purposes of NCAA competition may continue to compete on a men's team but may not compete on a women's team without changing it to a mixed team status until completing one calendar year of testosterone suppression treatment.

Any transgender student-athlete who is not taking hormone treatment related to gender transition may participate in sex-separated sports activities in accordance with his or her assigned birth gender.

- •A trans male (FTM) student-athlete who is not taking testosterone related to gender transition may participate on a men's orwomen's team.
- •A trans female (MTF) transgender student-athlete who is not taking hormone treatments related to gender transition may notcompete on a women's team.

For review, NCAA policy: http://www.ncaa.org/sites/default/files/Transgender Handbook 2011 Final.pdf.





#### PLAYER, PARENT, UMPIRE, AND COACH CODE OF CONDUCT

Playing with 3STEP Sports, LLC is a privilege that comes with responsibilities for umpires, coaches, parents, and players.

Players, coaches, umpires, and parents are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, umpires, parents, spectators, and fans. As a member of the field hockey community an individual assumes certain obligations and responsibilities to the game and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport, themselves, their team, and their organization.

It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports. The following essential elements of the "Code of Conduct" must be followed:

- Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught at all levels and developed both at home and on the field during practices and games.
- The value of good sportsmanship, the concepts of fair play, and the skills of the game should always be placed above winning.
- The safety and welfare of the players are of primary importance.
- Coaches must always be aware of the tremendous influence they have on their players. They are to strive to be positive
  role models in dealing with young people, as well as adults.
- Coaches should always demonstrate positive behaviors and reinforce them to players, parents, umpires, and spectators
  alike. Players should be specifically encouraged and positively reinforced by coaches to demonstrate respect for
  teammates, opponents, umpires, and spectators.
- Players should always demonstrate positive behavior and respect toward teammates, opponents, coaches, umpires, parents, and spectators.
  - All should be respectful of the program and its participants on the internet and social media by refraining from negative comments and posts.
  - Offensive and derogatory language including but not limited to racial slurs, sexist commentary and profanity will not be tolerated. Physical confrontations are strictly prohibited.
  - The consumption and possession of alcoholic beverages, tobacco products and/or vapor products are not permitted at any 3Step Sports, LLC program including but not limited to event, showcase, camp, or clinic. Athletes are prohibited from illegal use of performance enhancing and/or recreational drugs.

Grievances or misunderstandings between coaches, umpires or any other parties involved with the sport should be communicated through the proper channels and procedures, never on or about the field of play in view of spectators or participants. Umpire Managers or Tournament Directors are always available.

Umpires are professionals and are therefore expected to conduct themselves as such and in a manner that demonstrates total impartiality, courtesy, and fairness to all parties.

Spectators involved with the game must never permit anyone to criticize openly or maliciously, badger, harass or threaten an umpire, coach, player, or opponent.

Coaches must be able to demonstrate a solid knowledge of the rules of field hockey, the policy and procedures set forth, and should adhere to the rules in both the letter and the spirit of the game.

Attempts to manipulate rules in an effort to take unfair advantage of an opponent, or to teach.

deliberate unsportsmanlike conduct, is considered unacceptable conduct.

Eligibility requirements, at all levels of the game, must be followed. Rules and requirements such as age, roster sizes for players and coaches, and level of participation have been established to encourage and maximize participation, fair play and to promote safety.

If at any time any of the aforementioned policies are abused, the Umpire Manager, Event Operator/Tournament Director reserves the right to remove the athlete, parent or coach from the program they are currently participating in and the privilege of participating in future programs.







Shooting Star

EXIT

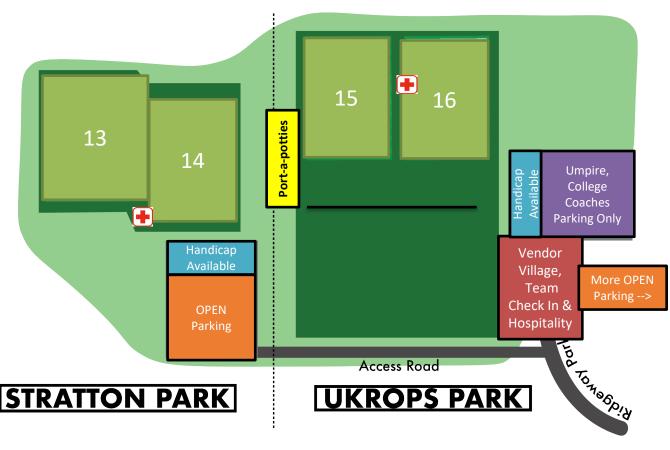
River City Sportsplex 13030 Genito Road Midlothian, VA 23112

MAIN ENTRANCE/EXIT

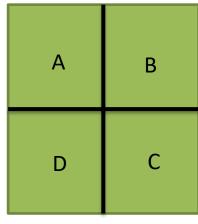




# MARY STRATTON PARK/ UKROPS PARK 5300 Ridgedale Parkway, Richmond, VA 23224



Field 16: 7v7



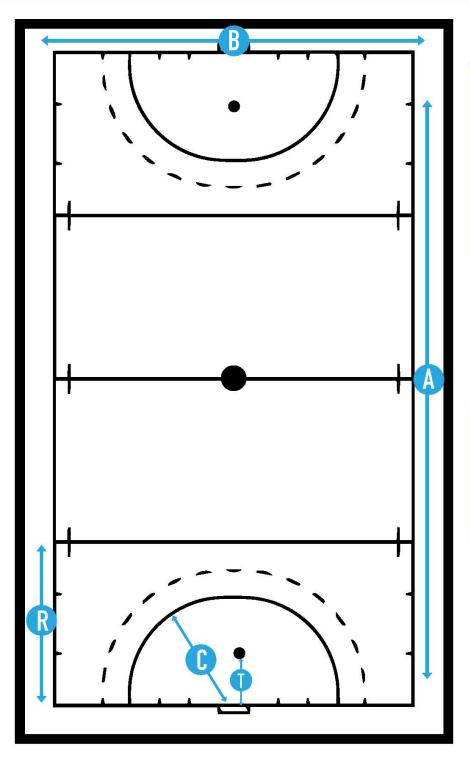




# Mary Stratton Park: Parking Diagram



# FIELD HOCKEY Mary Stratton 7v7 Diagrams



A= 55 yds length of field

B= 40 yds width of field

R= 25 yds

C= 16 yds

T = 7yds

ONLY a center dot for middle of the field

Dashed lines will connect/ run into the sidelines







# **AREA MEDICAL FACILITIES**

# NEAR RIVER CITY SPORTSPLEX (13030 Genito Rd. Midlothian, VA 23112):

	Facility	Address	Distance Away	Phone Number
Hospitals	Bon Secours St. Francis Medical Center	13710 St. Francis Blvd. Midlothian, VA 23114	2.5 mi.	804-594- 7300
	Johnston-Willis Hospital	1401 Johnston Willis Dr. Richmond, VA 23235	10 mi.	804-483- 5000
	Chippenham Hospital	7101 Jahnke Rd. Richmond, VA 23225	11 mi.	804-483- 0000
Urgent Cares	Patient First - Genito	11020 Hull Street Rd. Midlothian, VA 23112	3 mi.	804-744- 6310
	KidMed Pediatric Urgent Care	5021 Craig Rath Blvd. Midlothian, VA 23112	4 mi.	804-592- 5437
	BetterMed Urgent Care	6100 Harbourside Centre Loop Midlothian, VA 23112	5 mi.	804-639- 7555
Pharmacies	CVS Pharmacy	13620 Genito Rd. Midlothian, VA 23112	1 mi.	804-744- 6930
	Walgreens Pharmacy	11119 Hull Street Rd Midlothian, VA 23112	3 mi.	804-744- 5986
	CVS Pharmacy	4601 Commonwealth Centre Pkwy. Midlothian, VA 23112	4 mi.	804-639- 7395

# NEAR MARY B. STRATTON PARK (5400 Ridgedale Pkwy, North Chesterfield, VA 23234):

	Facility	Address	Distance Away	Phone Number
Hospitals	Chippenham Hospital	7101 Jahnke Rd. Richmond, VA 23225	6 mi.	804-483- 0000
	Johnston-Willis Hospital	1401 Johnston Willis Dr. Richmond, VA 23235	10 mi.	804-483- 5000
	Bon Secours St. Francis Medical Center	13710 St. Francis Blvd. Midlothian, VA 23114	14 mi.	804-225- 1700
Urgent Cares	Concentra Urgent Care	9211 Burge Ave., Richmond, VA 23237	8 mi.	804-275- 7200
	BetterMed Urgent Care	11380 Iron Creek Rd., Chester, VA 23831	8 mi.	804-823- 9260
	Patient First - Genito	11020 Hull Street Rd. Midlothian, VA 23112	10 mi.	804-744- 6310
Pharmacies	CVS Pharmacy	6400 Iron Bridge Rd., Chesterfield, VA 23234	2 mi.	804-271- 8361
	Walgreens Pharmacy	4201 Meadowdale Blvd., Chesterfield, VA 23234	2 mi.	804-271- 8100
	CVS Pharmacy	4715 Walmsley Blvd., Chesterfield, VA 23234	3 mi.	804-275- 9235

# Thanksgiving Buffet served in the Midlo Bistro

Thursday November 23, 2023 Reservations Available 3pm-8pm



Fresh Garden Salad
Served with Ranch or Balsamic Dressing
Sliced Turkey
Sliced Ham
Mashed Potatoes
Sweet Potatoes
Stuffing
Green Beans
Rolls and Butter
Pumpkin Pie
Iced Tea or Water

# Shooting Star FIELD HOCKEY TOURNAMENT

# **UMPIRES**