













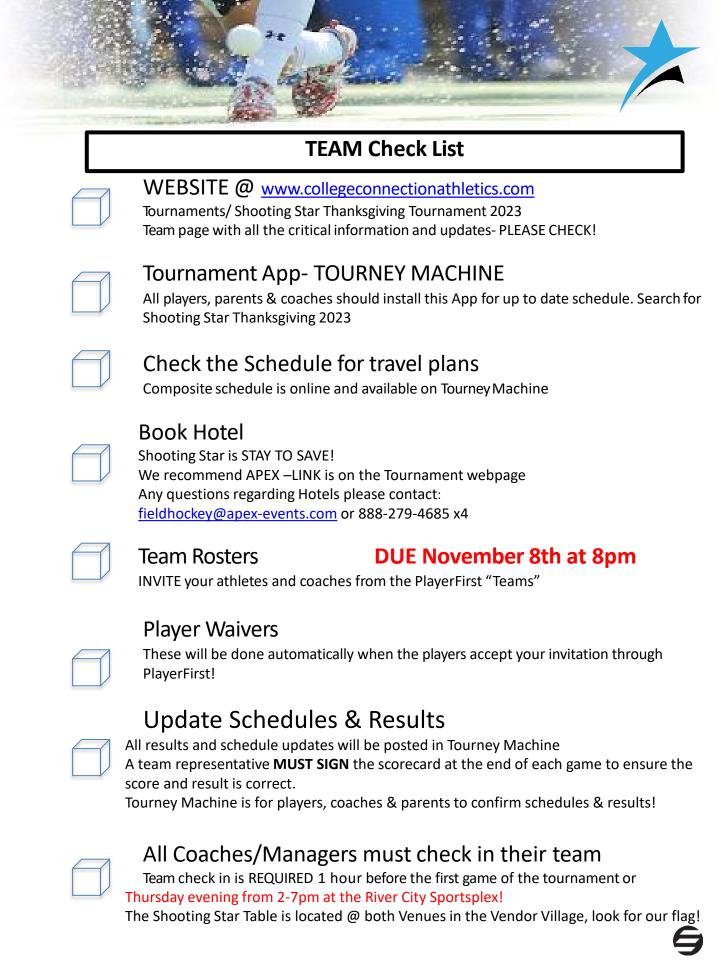




CLUB TEAM Information Package

November 24 – November 26, 2023







Inviting Players to Teams in PlayerFirst

- 1. **Navigate** to https://register.collegeconnectionathletics.com/util/login in a web browser.
- Login with your PlayerFirst credentials. If you forget your username or password, click "Retrieve Your Login"
- 3. In the home page tabs you will see Teams, click this to bring you to the "Manage your Teams" page
 - a. You will click on +ROSTER/WAIVER to add players to the roster
 - b. Agree to the terms
- 4. You can add a new roster "Start From Scratch" or copy a roster from a previous tournament from the "Prior Rosters" dropdown
- To add an initial roster or additional players to a previous roster you will fill out the required fields by inputting the information on the screen or by uploading a CSV file from the roster template
 - a. Required fields are marked with an * on the template

Waiver emails to parents will come from 3STEP Field Hockey

** Please inform your families that if players want to be featured in Roster information that is provided to college coaches that they must keep the
"INCLUDE PLAYER INFORMATION IN RECRUITING MATERIALS"

STEP 1:





STEP 2: STEP 4: MANAGE YOUR TEAMS PLAYERS @ All parents of plays @ All parents of plays PLAYERS



# Valid Waiver Athlete First Name* Athlete Last Name* Athlete DOB* Athlete Email Parent/G	T WAIVER MESSAGE & SAVE ROST
	ardian Email* Jersey*
1 ATHLETE FIRST ATHLETE LAST ATHLETE DOB ATHLETE EMAIL PARENT I	ML I
2 ATHLETE FIRST ATHLETE LAST ATHLETE DOB ATHLETE EMAIL PARENT	ML /
3 ATHLETE FIRST ATHLETE LAST ATHLETE DOB ATHLETE EMAIL PARENT	ML I



PRE- ARRIVAL INFORMATION

Hotel Information

Shooting Star – STAY TO SAVE You choose where you want to stay!



We recommend: APEX Events

Lowest Available Room Rates: View Hotels and Book Online

Book by Phone: 888-279-4685 x4

Email: fieldhockey@apex-events.com for Hotel support

Travel Information

River City Sportsplex

13030 Genito Rd Midlothian, VA 23112

> All U16 & U19 11 v 11 Games Goalie & shooter Showcase

Mary Stratton/ Ukrop Park

5300 Ridgedale Pkwy Richmond, VA 23234

All U12 and U14 games

Headquarters Hotel: DoubleTree by Hilton 1021 Koger Center Blvd Richmond, VA 23235

☐ Event Staff & Umpires

Transportation

James Rivers Transportation can provide team transportation for anyone coming in by plane or train. They provide individual service from the airport — they are the contracted ground transportation at Richmond International Airport and as such they are the only ones with an office and counter inside the airport. They operate 24 hours a day and track flights to react quickly to any changes. You can make reservations 3 ways:

Online: https://jamesrivertrans.com/richmond-airport-shuttle-service/
Phone: 804-249-1052
Email: sales@jamesrivertrans.com

Visit Richmond



For more information about the region and making the most of your visit!

Please visit their booth in the Vendor Village for great local suggestions!

Come to Shooting Star table for more information



PRE- ARRIVAL INFORMATION

Rosters

DUE Nov 8th @ 8pm

Any roster updates or changes after Nov 8th can we made through PlayerFirst. Must resubmitted any changes are made.

PLEASE SUMBIT ROSTERS on PlayerFirst once they have been completed

Waivers

THROUGH PLAYERFIRST

When your players accept their invitation to the team roster through PlayerFirst, they will automatically complete the waiver. The ONLY athletes we need to touch base on at team check-in are NEW players!

Player Profiles and Updates

All rosters will be submitted to NFHCARecruits for the College Coaches

Players can use PLAYERFIRST PROFILES to update their recruiting information at any point!

Tournament Structure

Guarantee: 5 games

11v11

- 54 minute games (2 x 25 min halves)
- 4 minute half time

7v7

- 48 minute games (4 x 10 min quarters)
- 2 min quarter break, 4 min half
- ** All U12 Games will be played with the Penn Monto Mini-ball!

Team listed as the HOME team and will wear LIGHT shirt and socks. Assigned bench is to right facing the field.

Team listed as the AWAY team will wear DARK shirt and socks. Assigned bench is to left facing the field.

ROSTER Sizes:

U14 (11 vs 11)/U16/U19 Age Divisions = 18 maximum players + 2 coaches

U14 (7 vs 7)/U12 Age Divisions = 12 maximum players + 2 coaches



Age Eligible as of Jan 1, 2023 @ 12:01am



Check- In Option: Thursday 2-7pm @ the River City

Every Team must check- in 1 hour prior to their first game on Friday.

** HIGHLY ENCOURAGED - Option to check-in Thursday from 2-7pm @ the
River City Sportsplex **

Team Check – in is in the Vendor Village at the Shooting Star table. There will be registration flags & signs!

At Check – in we will:

- Confirm Rosters
- Issue player and staff wristbands that must be worn for all games
- Issue participant gift
- Hand out team packet

Schedule, Pools & Results

TOURNEY MACHINE APP

Schedules are posted online! You can choose the teams you want to follow!

The schedule and all results will be posted on our App: Shooting Star Tournament in Tourney Machine!

- Search the Tourney Machine App
- Search for FH event/VA
- Choose Shooting Star Thanksgiving

Please share this with your players & parents

Awards will occur immediately following the last pool game on Sunday by the Vendor Village. Each Pool winner will be recognized by the Shooting Star staff.



Scorecards & Results

EACH GAME

At the conclusion of every game the field marshal will have the coaches from both teams and the umpires **SIGN** the scorecard.

This scorecard will be the official result for that match.

*** All coaches must make sure to check that the score is correct prior to signing the card.***

Immediately following the card being confirmed, the score will be submitted to the Shooting Star staff and posted on the App.

Please have your parents, players and staff download the Tourney Machine App/Shooting Star- Thanksgiving event to follow results & pool standings.

Standings

Point System

Points awarded: 3 = Win 1= Tie 0 = Loss

** Any game forfeited during the tournament results in a 0-3 loss

Tie breaker criteria for placing if necessary:

- 1) Total Points
- 2) Head-to-head
- 3) Goal differential = Goals for Goals Allowed:

No more than an 8 goals difference will count towards differential

Example: 12 – 0 actual score would mean goal difference = max 8 goals

- 4) Goals Allowed
- 5) If still tied whichever team has a higher goal differential versus the next highest ranked team will win tie breaker
 - Continue above procedure sequentially until a no more teams are available to compare within the Pool
- 6) If still tied CO-Champions



Club Coach Hospitality

DAILY!

Please join us in the Vendor Village for food, snacks & drinks offered throughout the tournament.

Breakfast (Fr, Sa, Su) 8am – 10am Lunch (Fr, Sa, Su) 11:30am-1:30pm

Dinner (Fr, Sa)Snacks and drinks available all day

• Space to regroup and meet with your staff!

College Coaches in Attendance

Invitations have been sent to ALL college coaches. We will continue to update the list for you and your players to reference. This is available on the website. College coaches can RSVP for in-person or virtual attendance.

For the college coaches we provide the following:

- ✓ Breakfast, lunch & dinner at the field
- ✓ Negotiated room rates/blocks at our host hotel
- ✓ Coach Packet/Recruit Spot Access on-site and remotely
- ✓ Folding Chairs at all of the fields & umbrellas
- ✓ Designated Parking
- ✓ Designated Restrooms

Goalie & Shooter Showcase:

FRIDAY: 10am-11:45am or SATURDAY: 10am-11:45am

Limited to 48 Goalies and 40 Shooters PER SESSION
Goalies & Players limited to register for 1 session ONLY



Parking

On – site parking is available free of charge.

There will be parking attendants present to assist.

Medical

There will be marked medical tents on the fields

The location of each tent is on the facility map

These medical tents are also marked with an RED Medial feather flag

Athletic trainers are available to assist with injuries that occur at the Shooting Star Tournament.

EMT is also on site and will be activated by the Athletic Trainers if needed.

Emergency Procedures

In case of emergency the Athletic Trainers or Shooting Star staff will blow three short blasts with the air horns.

All Games should immediately stop.

All players, staff and spectators should find shelter.

Please refer to the Policy & Procedures guide for cancelled games.

Team Tents

Team tents are permitted at either facility (River City Sportsplex and Mary Stratton Park) outside of the playing area. They must be secured down. Team Tents are not the responsibility of Shooting Star.





Policies, Rules & Regulations

Please refer to the Policies, Rules and Regulations for details

The Shooting Star Staff

Pam Hixon

President & Founder of Field Hockey, 3Step Sports

Umpire Coordinator

pam@threestep.com

413, 256, 4258

Sam Carlino

Director of Event Operations, Field Hockey, 3Step Sports
Club Coach Contact, Team Registration, Rosters, & Special Events

sam.carlino@threestep.com

484.678.8340

Social Media



@ShootingStarFH



college.connection



College Connection

Rules & Regulations





Rules Governing Games: FIH RULES AND REGULATIONS that are in effect for play will apply.

Shooting Star Rules Modifications:

- Field players of the same team have the choice of shorts or kilt/skirt if the shorts/kilt/skirt are of the same color and similar design/trim and cut.
- 2) Game Timing: General time structure below. Please see specific Tournament Timing.
 - Halves: 2 x 25 minutes running time, half-time will be 4 minutes.
 - Quarters: 4 x 10-minute quarters, 2 minute between 1st/2nd and 3rd/4th, half-time will be 4 minutes
- 3) Goalkeeper RECOMMENDED Throat Protector and Mouth Guard
- 4) Field Player REQUIRED Shin Guards and Mouth Guard
- 5) Cage Goggle Permitted. All other face protection for extenuating circumstances must be cleared with Tournament Director.

General Rules: 11v11 Format

Central Horn & Umpire whistle used as master tournament timer.

Video Line up is required 2 minutes before the start time of games.

General Rules: 7v7 Format

6 field players & 1 goalie at all times, no extra field player for the GK is allowed

Teams are permitted to wear reversible pinnies, #'s are encouraged but not mandated

Corners Played: Corners defended with 4 field players + the goalie.

Roster Size:

11 vs 11 Max of 18 players/2 coaches

7 vs 7 Max of 12 players/2 coaches

** coaches may rotate who is on the bench area but a max of 2 at a time **

Rules Governing Team/Player Eligibility: **AGE AS OF JANUARY 1, 2023 @ 12:01am

Only registered players for the SHOOTING STAR field hockey tournament and who agree to the following, may participate in tournament games:

- Players may play "up" in age division but may NOT play "down."
- No player may compete for, or be on a roster for, more than one team during the tournament.
 - o Exception: Goalkeepers are allowed to double roster. Must be pre-communicated prior to game time in writing to director

Any team with a player in violation of these rules will forfeit the game that this player is known to have competed in without expressed written consent from the Shooting Star Staff.

Team Color, Bench and Substitutions:

Team listed as the HOME team will wear LIGHT shirt and socks and will sit at the bench and defend the goal to the RIGHT of their bench as per facing the field.

Team listed as the AWAY team will wear DARK shirt and socks and will sit at the bench and defend the goal to the LEFT of their bench as per facing the field.

Up to two coaches per team are allowed in the team's area.

No equipment or unauthorized persons may be in the team area.

All players who are not on the pitch are substitutes on the team's bench. Substitutions on and off the pitch must be made from the side of the pitch where the team benches are located within 3 meters of the center of the pitch.

Suspended coaches are strictly prohibited from being in the team areas and cannot participate in any kind of coaching activities until their suspension has been served.

Release and Waiver of Liability

Waivers were done automatically during registration or through team invitations on PlayerFirst.

Rules Governing Scoring and Point System:

Points awarded: 3 = Win 1= Tie 0 = Loss ** Any game forfeited during the tournament results in a 0-3 loss Tie breaker criteria for placing if necessary:

- Total Points
- Head-to-head
- Goal differential = Goals for Goals Allowed:

No more than an 8 goals difference will count towards differential Example: 12 – 0 actual score would mean goal difference = max 8 goals

- Goals Allowed
- If still tied whichever team has a higher goal differential versus the next highest ranked team will win tie breaker.
- Continue above procedure sequentially until a no more teams are available to compare within the Pool.
- If still tied CO-Champions





Scoring & Score Reporting

Each field will be assigned a Field Marshal. They will record the final score and record any issued cards on a scorecard At the end of each game **both umpires and team coaches will sign** final score and any issued cards Any challenges must be made immediately following the game with the Umpires, opposing Coach and Field Marshal at that field. **Once the scorecard is confirmed and signed by all parties, the score is considered final.**

Forfeits

If a game is forfeited, the opposing team earns a 3-0 win.

A team will forfeit a game under the following circumstances:

A team does not show up for a match

A team declares forfeit

A team arrives more than 5 minutes after the start of the match time

A team does not have proper uniform qualifications and refuses/is unprepared to change

A team has less than 9 players dressed in proper uniform after 5 minutes grace period (11v11)

A team has less than 4 players dressed in proper uniform after 5 minutes grace period (7v7)

An ineligible player participates in the game

A suspended coach does not leave the game area within 1 minute of being suspended

A suspended coach does not report to the tournament table within 5 minutes after the game and does not stop all team contact during the remainder of the game in which the suspension occurred

A team refuses to play or removes their team from the field of play for any reason

Appeals Procedure for Score Reporting Protests

Teams are granted one challenge per tournament for the sole purpose of requesting a review of a posted score.

If the score is posted wrongly, the results will be updated correctly and the team keeps their one challenge to be used later in the tournament, if needed.

If the score posted reflects the score on the official scorecard that the team is challenging, and that score is confirmed, the team will lose its challenge and is not able to challenge results for the remainder of the tournament

Both teams will be consulted prior to any updates or changes

For challenge questions or concerns, contact Ainslee Lamb at ainslee@threestep.com or Sam Carlino at sam.carlino@threestep.com

Rules Governing Misconduct:

Removal from the Game, Site or Tournament

Any disrespectful behavior toward umpire or other tournament personnel, will result in expulsion for the remainder of the tournament. Spectators will need to show respect to all Umpires, Players, Coaches & Staff. Bad behavior will not be tolerated.

Should umpires, umpire managers, or tournament directors deem that a spectator, player, or coach needs to be removed from the tournament site(s), it will be the responsibility of the COACH from the offender's team to remove the offender from the site.

Delayed departure from the game, site or tournament will result in a game forfeit for the team that the spectator, player or coach is

affiliated with

Game Cards

Green and Yellow cards will be administered per the Rules of Hockey with no modification.

Coaches/team personnel can earn a Green or Red Card, the team will not play short for cards given the coaches/team personnel.

Player Green or Yellow Card

- Suspended layers must report to the technical bench and sit for the suspension duration and the team plays short for the duration of the card
- If no technical person is available to monitor the suspension, the team coach is responsible for the player serving the full suspension.

 Allocated time will be communicated by the field umpires

Player Red Card

Suspended player sits on their designated bench for the remainder of the match and the team must play short
Suspended player is also suspended from the team's next game in that division, the team does not play short in that subsequent game
If the player receives 2 red cards during the tournament, they are suspended from all play for the remainder of the tournament





Coach Red Card

Coach must leave the playing area within 1 minute of receiving the red card and cannot have any contact with the team for the remainder of the match. A replacement coach is allowed.

The team does not play short for a coach suspension

The coach is suspended from the team's next game in that division

If the coach is on staff for multiple teams, the suspension is specific to the team that the coach received the suspension with If the coach receives 2 red cards during the tournament, they are suspended from all play for the remainder of the tournament

Red Card Administrative Procedures

Suspended players and coaches must report to the tournament table within 5 minutes of the end of the game in which they were suspended and return their player or coach wristband

If applicable, a replacement coach can receive a temporary wristband for the team's next game

Suspended players and coaches can return to the tournament table after the team has completed its next game to receive a new tournament wristband.

Umpires will notify the Umpire Managers of any issued red cards immediately after the game in which they were given and all cards are recorded on the official scorecard

Appeals Procedure for Misconduct Protests

Players and Coaches have an opportunity to challenge red cards only. Any appeal must be received in writing 10 days after the completion of the tournament, submitted to the 3Step Sports, LLC: Ainslee Lamb and Sam Carlino at ainslee.lamb@threestep.com and sam.carlino@threestep.com

All cards issued during the tournament will be reviewed by the Review Committee after 10 days The Review committee will be comprised of 3Step Sports staff and a Shooting Star Umpire Manager Players and coaches can be exonerated from the issued red cards after review

Players and coaches can be administered further suspensions based on review including suspension of attending future 3Step Sports field hockey events

Refund Policy

Specific refund Policies for each event are posted on the website.

No refunds will be issued if the tournament is shortened in part for any reason, including inclement weather or any other "Act of God."

No refund for any team that is removed from the tournament by the tournament director for using illegal players or behavior that requires the team to be removed from the tournament.

Shooting Star or its staff will not be responsible for any expenses incurred by any team, club or organization if the tournament is canceled in whole or in part.

Weather Policy

In the event of adverse weather or unplayable field conditions, the tournament director reserves the right to:

- Reduce game times in order to catch up with schedule.
- Finish games before inclement weather arrives, or to preserve field conditions. Reschedule games, if possible.
- Every attempt will be made to update cancellations on the website. However, weather conditions can change rapidly
 and all teams should be prepared to play as soon as weather and fields are playable. Updates will be announced on
 twitter @shootingstarfh
- No refunds will be granted if these actions are necessary.

Thunder/Lightning Policy

If thunder or lightning is observed play will be suspended immediately and players and fans will be asked to leave the fields to return to cars & seek shelter. Play will be allowed to resume 30 minutes after the last sound of thunder or sighting of lightning is observed which the tournament medical staff will determine. Every attempt will be made to begin subsequent games on time. For up to date schedule changes please check twitter @shootingstarfh.





Transgender Athletes Policy

** Shooting Star will adopt and implement the NCAA Policies The following policies clarify participation of transgender student-athletes undergoing hormonal treatment for gender transition:

- 1. A trans male (FTM) student-athlete who has received a medical exception for treatment with testosterone for diagnosed Gender Identity Disorder or gender dysphoria and/or Transsexualism, for purposes of NCAA competition may compete on amen's team, but is no longer eligible to compete on a women's team without changing that team status to a mixed team.
- 2. A trans female (MTF) student-athlete being treated with testosterone suppression medication for Gender Identity Disorder or gender dysphoria and/or Transsexualism, for the purposes of NCAA competition may continue to compete on a men's team but may not compete on a women's team without changing it to a mixed team status until completing one calendar year of testosterone suppression treatment.

Any transgender student-athlete who is not taking hormone treatment related to gender transition may participate in sex-separated sports activities in accordance with his or her assigned birth gender.

- •A trans male (FTM) student-athlete who is not taking testosterone related to gender transition may participate on a men's orwomen's team.
- •A trans female (MTF) transgender student-athlete who is not taking hormone treatments related to gender transition may notcompete on a women's team.

For review, NCAA policy: http://www.ncaa.org/sites/default/files/Transgender Handbook 2011 Final.pdf.





PLAYER, PARENT, UMPIRE, AND COACH CODE OF CONDUCT

Playing with 3STEP Sports, LLC is a privilege that comes with responsibilities for umpires, coaches, parents, and players.

Players, coaches, umpires, and parents are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, umpires, parents, spectators, and fans. As a member of the field hockey community an individual assumes certain obligations and responsibilities to the game and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport, themselves, their team, and their organization.

It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports. The following essential elements of the "Code of Conduct" must be followed:

- Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught at all levels and developed both at home and on the field during practices and games.
- The value of good sportsmanship, the concepts of fair play, and the skills of the game should always be placed above winning.
- The safety and welfare of the players are of primary importance.
- Coaches must always be aware of the tremendous influence they have on their players. They are to strive to be positive
 role models in dealing with young people, as well as adults.
- Coaches should always demonstrate positive behaviors and reinforce them to players, parents, umpires, and spectators
 alike. Players should be specifically encouraged and positively reinforced by coaches to demonstrate respect for
 teammates, opponents, umpires, and spectators.
- Players should always demonstrate positive behavior and respect toward teammates, opponents, coaches, umpires, parents, and spectators.
 - All should be respectful of the program and its participants on the internet and social media by refraining from negative comments and posts.
 - Offensive and derogatory language including but not limited to racial slurs, sexist commentary and profanity will not be tolerated. Physical confrontations are strictly prohibited.
 - The consumption and possession of alcoholic beverages, tobacco products and/or vapor products are not permitted at any 3Step Sports, LLC program including but not limited to event, showcase, camp, or clinic. Athletes are prohibited from illegal use of performance enhancing and/or recreational drugs.

Grievances or misunderstandings between coaches, umpires or any other parties involved with the sport should be communicated through the proper channels and procedures, never on or about the field of play in view of spectators or participants. Umpire Managers or Tournament Directors are always available.

Umpires are professionals and are therefore expected to conduct themselves as such and in a manner that demonstrates total impartiality, courtesy, and fairness to all parties.

Spectators involved with the game must never permit anyone to criticize openly or maliciously, badger, harass or threaten an umpire, coach, player, or opponent.

Coaches must be able to demonstrate a solid knowledge of the rules of field hockey, the policy and procedures set forth, and should adhere to the rules in both the letter and the spirit of the game.

Attempts to manipulate rules in an effort to take unfair advantage of an opponent, or to teach.

deliberate unsportsmanlike conduct, is considered unacceptable conduct.

Eligibility requirements, at all levels of the game, must be followed. Rules and requirements such as age, roster sizes for players and coaches, and level of participation have been established to encourage and maximize participation, fair play and to promote safety.

If at any time any of the aforementioned policies are abused, the Umpire Manager, Event Operator/Tournament Director reserves the right to remove the athlete, parent or coach from the program they are currently participating in and the privilege of participating in future programs.







Shooting Star

EXIT

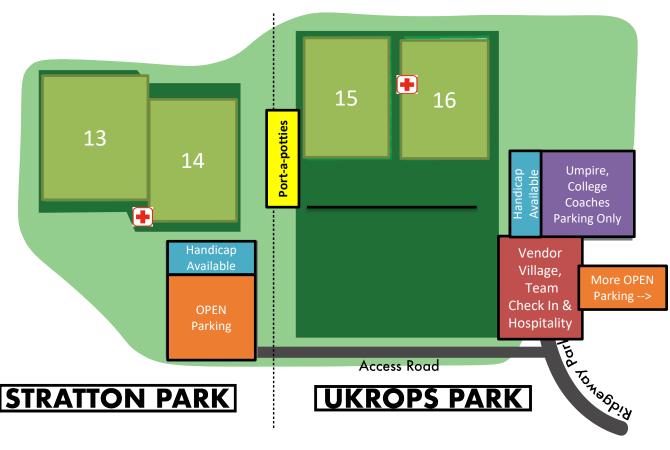
River City Sportsplex 13030 Genito Road Midlothian, VA 23112

MAIN ENTRANCE/EXIT

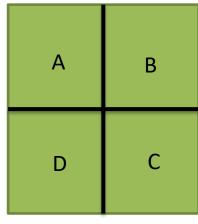




MARY STRATTON PARK/ UKROPS PARK 5300 Ridgedale Parkway, Richmond, VA 23224



Field 16: 7v7







Mary Stratton Park: Parking Diagram





AREA MEDICAL FACILITIES

NEAR RIVER CITY SPORTSPLEX (13030 Genito Rd. Midlothian, VA 23112):

	Facility	Address	Distance Away	Phone Number
Hospitals	Bon Secours St. Francis Medical Center	13710 St. Francis Blvd. Midlothian, VA 23114	2.5 mi.	804-594- 7300
	Johnston-Willis Hospital	1401 Johnston Willis Dr. Richmond, VA 23235	10 mi.	804-483- 5000
	Chippenham Hospital	7101 Jahnke Rd. Richmond, VA 23225	11 mi.	804-483- 0000
Urgent Cares	Patient First - Genito	11020 Hull Street Rd. Midlothian, VA 23112	3 mi.	804-744- 6310
	KidMed Pediatric Urgent Care	5021 Craig Rath Blvd. Midlothian, VA 23112	4 mi.	804-592- 5437
	BetterMed Urgent Care	6100 Harbourside Centre Loop Midlothian, VA 23112	5 mi .	804-639- 7555
Pharmacies	CVS Pharmacy	13620 Genito Rd. Midlothian, VA 23112	1 mi.	804-744- 6930
	Walgreens Pharmacy	11119 Hull Street Rd Midlothian, VA 23112	3 mi.	804-744- 5986
	CVS Pharmacy	4601 Commonwealth Centre Pkwy. Midlothian, VA 23112	4 mi.	804-639- 7395

NEAR MARY B. STRATTON PARK (5400 Ridgedale Pkwy, North Chesterfield, VA 23234):

	Facility	Address	Distance Away	Phone Number
Hospitals	Chippenham Hospital	7101 Jahnke Rd. Richmond, VA 23225	6 mi.	804-483- 0000
	Johnston-Willis Hospital	1401 Johnston Willis Dr. Richmond, VA 23235	10 mi.	804-483- 5000
	Bon Secours St. Francis Medical Center	13710 St. Francis Blvd. Midlothian, VA 23114	14 mi.	804-225- 1700
Urgent Cares	Concentra Urgent Care	9211 Burge Ave., Richmond, VA 23237	8 mi.	804-275- 7200
	BetterMed Urgent Care	11380 Iron Creek Rd., Chester, VA 23831	8 mi.	804-823- 9260
	Patient First - Genito	11020 Hull Street Rd. Midlothian, VA 23112	10 mi.	804-744- 6310
Pharmacies	CVS Pharmacy	6400 Iron Bridge Rd., Chesterfield, VA 23234	2 mi.	804-271- 8361
	Walgreens Pharmacy	4201 Meadowdale Blvd., Chesterfield, VA 23234	2 mi.	804-271- 8100
	CVS Pharmacy	4715 Walmsley Blvd., Chesterfield, VA 23234	3 mi.	804-275- 9235



RESERVATIONS AVAILABLE 3PM-8PM

Mixed Green Salad
Served with Ranch and Balsamic Dressings
Sliced Turkey
Sliced Ham
Mashed Potatoes
Sweet Potatoes
Stuffing
Green Beans
Dinner Rolls with Butter
Assorted Holiday Desserts

28 per person 18 per child (10 and Under)

Unsweetened Iced Tea

www.collegeconnectionathletics.c