

CAMP PACKING LIST



PAPERWORK

- HEALTH FORM: PROOF OF MEDICAL PHYSICAL DONE IN THE LAST YEAR AND RECORD OF VACCINES**

**** USE the Health Form provided, sign page 2 and then attach your current physical**

PRACTICE CLOTHES

- T-SHIRT
- SHORTS
- SOCKS
- RAIN GEAR
- SWEATSHIRT
- SWEATPANTS
- ETC.

EQUIPMENT

- STICK
- SHINGUARDS
- CLEATS/TURFS
- SNEAKERS
- MOUTHGUARDS
- SUNBLOCK

GK EQUIPMENT

- KICKERS
- LEG GUARDS
- HELMET
- CHEST/PELVIC PROTECTOR
- STICK
- GK PANTS

DAILY

- WATER
- Hand Sanitizer
- SNACKS
- FACE COVERING
- SPENDING MONEY FOR CAMP STORE

OVERNIGHT

- SHEETS
- BLANKET
- PILLOW
- TOILETRIES
- TOWELS
- PERSONAL ITEMS
- SHOWER SUPPLIES

QUESTIONS?

E-MAIL

meg.bozek@threestep.com