

CAMP PACKING LIST



PAPERWORK

- HEALTH FORM: PROOF OF MEDICAL PHYSICAL DONE IN LAST 18 MONTHS & RECORD OF VACCINES**

** USE the Health Form provided, fill out op of page 1, sign page 2 an then attach your current physical

PRACTICE CLOTHES

- T-SHIRT
- SHORTS
- SOCKS
- RAIN GEAR
- SWEATSHIRT
- SWEATPANTS
- ETC.

EQUIPMENT

- STICK
- SHINGUARDS
- CLEATS/TURFS
- SNEAKERS
- MOUTHGUARDS
- SUNBLOCK

GK EQUIPMENT

- KICKERS
- LEG GUARDS
- HELMET
- CHEST/PELVIC PROTECTOR
- STICK
- GK PANTS

DAILY

- WATER
- Hand Sanitizer
- SNACKS
- FACE COVERING

QUESTIONS?

E-MAIL

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